



A Message to CDEs

Dear CDE, thank you for taking a look at our developing web site. The goal of MiYDiabetes is to build the most comprehensive website for diabetes self-management. We believe that CDEs are crucial to successful self-management and we plan to highlight the CDE's critical role throughout our self-management program.

We are working hard to build in the capabilities necessary for CDEs to integrate MiYDiabetes into the CDE patient training curriculum. We have begun with basic capabilities to:

- (1) help patients learn more about their disease
- (2) help keep patients up-to-date with the latest breakthroughs in diabetes care
- (3) help patients form a strong support network of family, friends, caregivers and CDEs.

Currently under development are additional capabilities that focus on:

- (1) help the patient perform a self-assessment
- (2) create customized goals and action plans
- (3) measure day-to-day activities involving medications, diet, exercise and attitude
- (4) periodically assess the patient's progress toward goals

The MiYDiabetes system helps keep the CDE involved, on an on-going basis, with all aspects of diabetes self-management.

We are seeking CDE participation to help provide us feedback, suggestions, and hopefully to obtain patient volunteers. Please consider signing on as a CDE. There is absolutely no cost to you except for your time, which we hope will yield healthier and more disciplined patients and provide you with more on-going feedback on the progress of your patients.